

NOTE:  
Please read all instructions  
carefully before using this  
product

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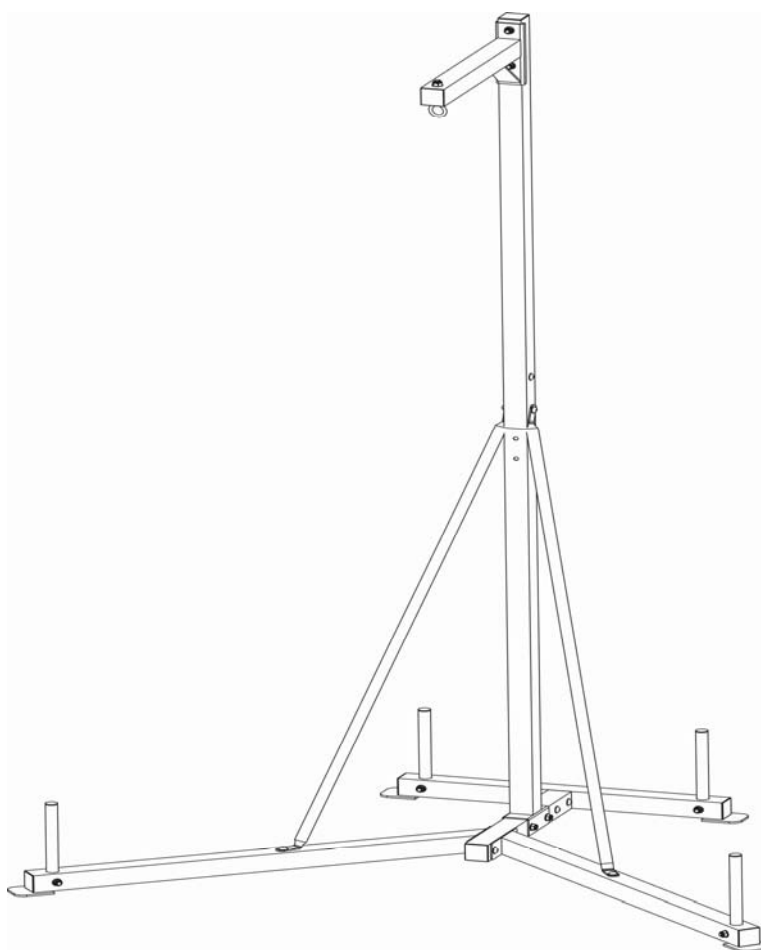
Model  
50519

Retain This  
Manual for  
Reference

OWNER'S  
MANUAL

# GYMTECH

## Boxing Stand 50519



Please contact HUNTER LEISURE AUSTRALIA Should any questions  
arise at **1800-632-792**.

Spare part Service: If you require service, **please do not return** the  
Boxing stand to the store. Contact Hunter Leisure Australia on  
**1800-632-792**.

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## BEFORE YOU BEGIN

Thank you for selecting the 50519 Boxing Stand by Gym Tech. For your safety and benefit, read this manual carefully before using the machine. As a manufacturer, we are committed to provide you complete customer satisfaction. If you have any questions, or find there are missing or damaged parts, we guarantee you complete satisfaction through direct assistance from our factory. To avoid unnecessary delays, *please call our TOLL-FREE customer service number*. Our Customer Service Agents will provide immediate assistance to you.

<p><b>Toll-Free Customer Service Number</b> <b>1-800-632-792</b> <b>Mon. – Fri. 9 a.m. – 5 p.m. PST</b></p>
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## **PRECAUTIONS**

This exercise machine is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before you assemble or operate your machine. In particular, note the following safety precautions:

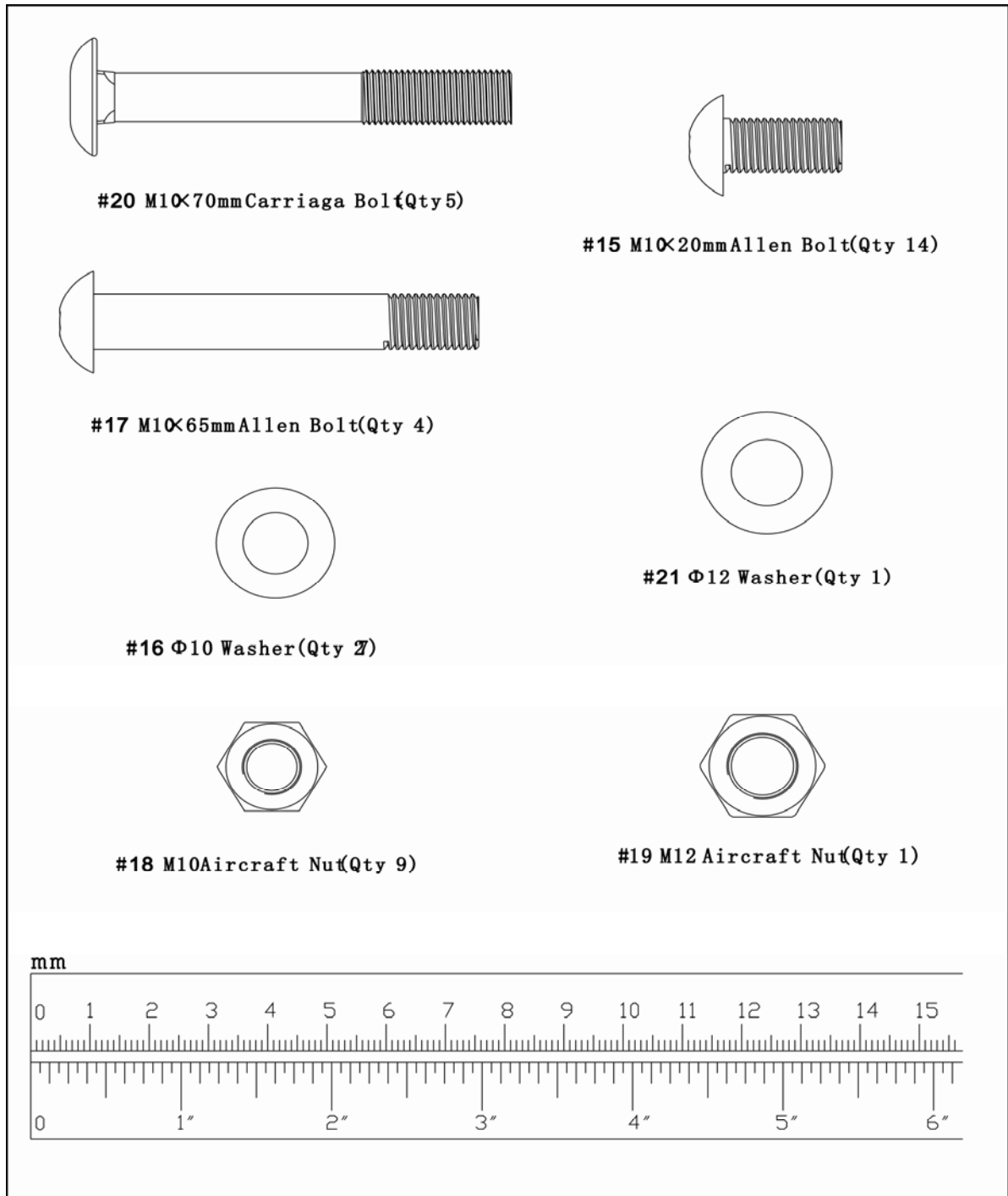
1. **Keep children and pets away from the machine at all times. DO NOT leave children unattended in the same room with the machine.**
2. Only one person at a time should use the machine.
3. If the user experiences dizziness, nausea, chest pain, or any other abnormal symptoms, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.
4. Position the machine on a clear, leveled surface. DO NOT use the machine near water or outdoors.
5. Keep hands away from all moving parts.
6. Always wear appropriate workout clothing when exercising. DO NOT wear robes or other clothing that could become caught in the machine. Running or aerobic shoes are also required when using the machine.
7. Use the machine only for its intended use as described in this manual. DO NOT use attachments not recommended by the manufacturer.
8. Do not place any sharp object around the machine.
9. Disabled person should not use the machine without a qualified person or physician in attendance.
10. Before using the machine to exercise, always do stretching exercises to properly warm up.
11. Never operate the machine if the machine is not functioning properly.
12. A spotter is recommended during exercise.

## **CARE AND MAINTENANCE**

1. Inspect and tighten all parts before using the machine.
2. The machine can be cleaned using a damp cloth and mild non-abrasive detergent. DO NOT use solvents.

**WARNING: BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PERSONS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING ANY FITNESS EQUIPMENT. HYPER EXTENSION LIMITED. ASSUMES NO RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH THE USE OF THIS PRODUCT.**

**SAVE THESE INSTRUCTIONS.**



## ASSEMBLY INSTRUCTION

**Tools Required Assembling the Machine: Two Adjustable Wrenches and Allen Wrenches**

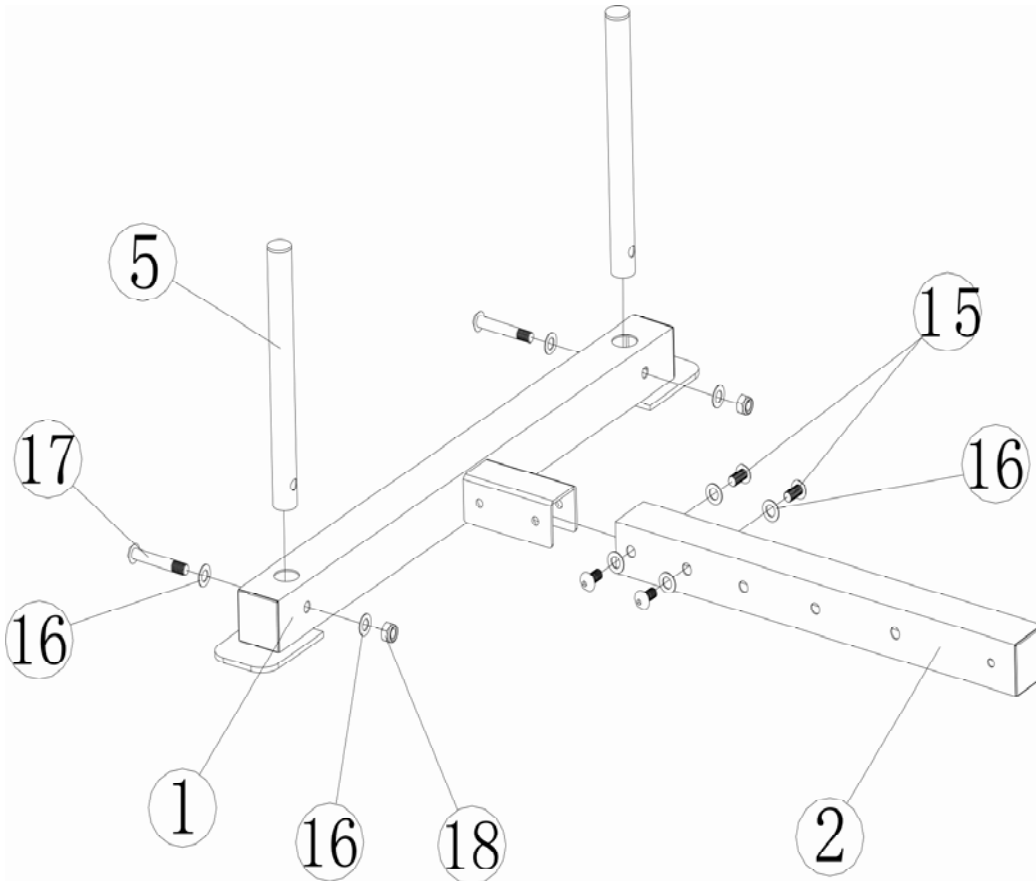
**NOTE:** It is strongly recommended two or more people assembling this machine to avoid possible injury.

### STEP 1 (See Diagram 1)

A.) Attach Mid Base Support (#2) to Rear Base Support (#1). Align the holes

- and secure them with four M10×20 Allen Bolts (#15) and four Φ10 Washers (#16).
- B.) Insert two Weight Plate Holders (#5) into the holes in Rear Base Support (#1). Secure each of them with one M10×65 Allen Bolt (#17), two Φ10 Washer (#16) and M10 Aircraft Nut (#18).

## DIAGRAM 1



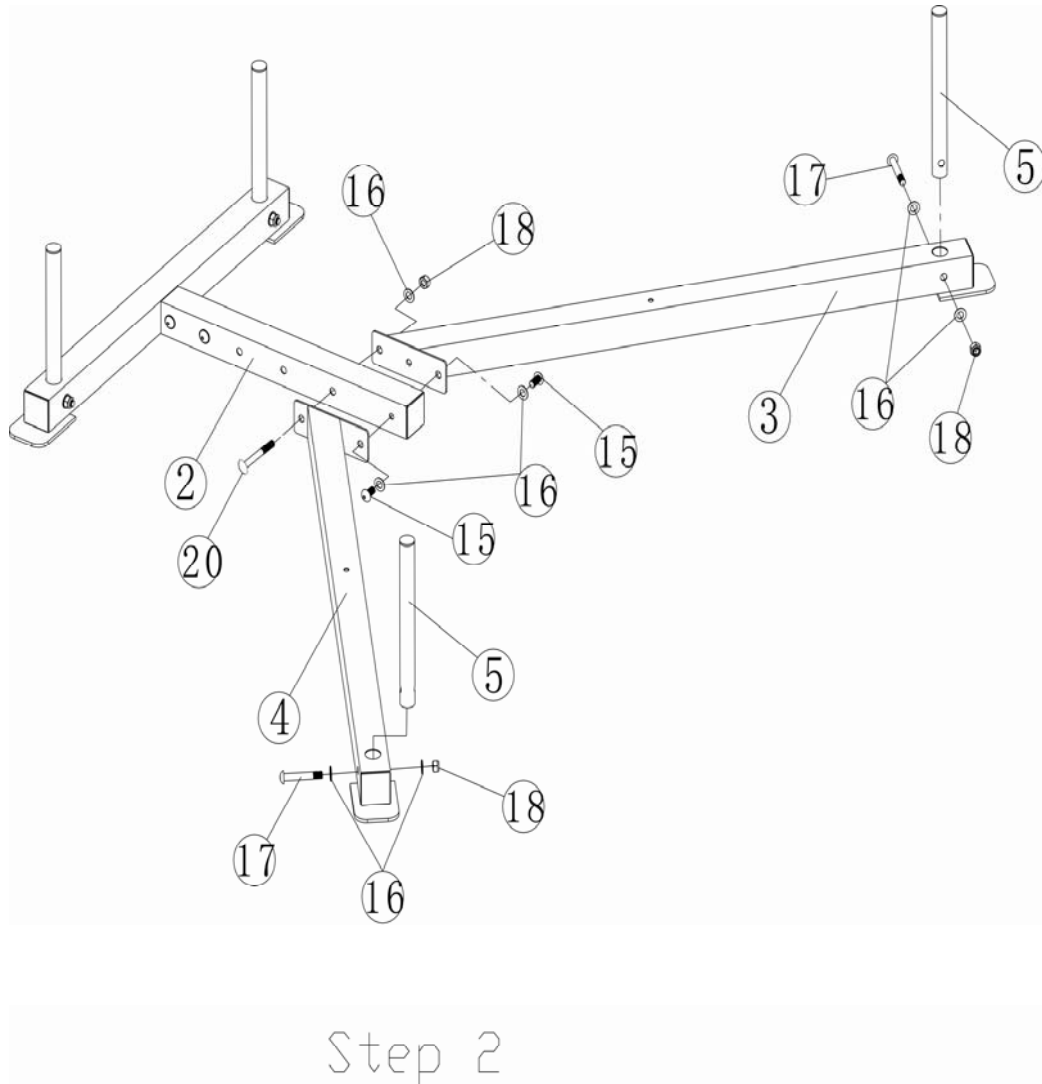
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### STEP 2 (See Diagram 2)

- A.) Attach Left Base Support and Right Base Support (#3, #4) to the Mid Base Support (#2). Align the holes, and secure with one M10×70 Carriage Bolts (#20), one Φ10 Washer (#16) one M10 Aircraft Nut(#18) and two M10×20 Allen Bolt (#15),one Φ10 Washer (#16) .
- B.) Insert the Heavy Bag Support Frame (#5) into the Left Base Support(#3). Align the holes and secure with one M10×65 Allen Bolt(#17), Φ10 Washer (#16) and one M10 Aircraft Nut(#18).

(Note: Do not fully tighten the bolts and nuts at this stage.)

## DIAGRAM 2

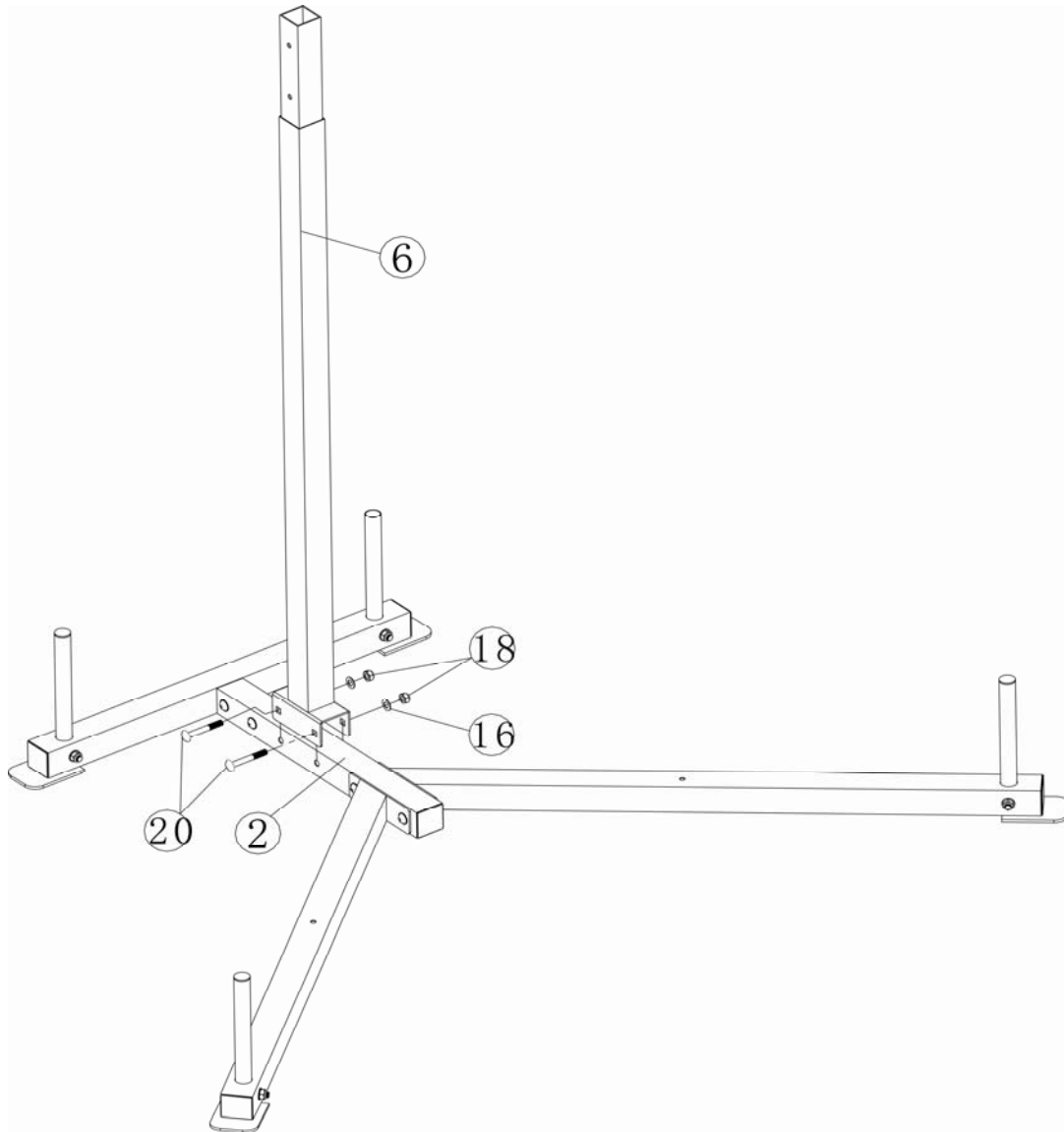


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**STEP 3 (See Diagram 3)**

A.) Attach Lower Support (#6) to the Mid Base Support (#2). Align the holes and secure with with two M10×70 Carriage Bolts (#20), two Φ10 Washers (#16) two M10 Aircraft Nuts (#18).

**DIAGRAM 3**

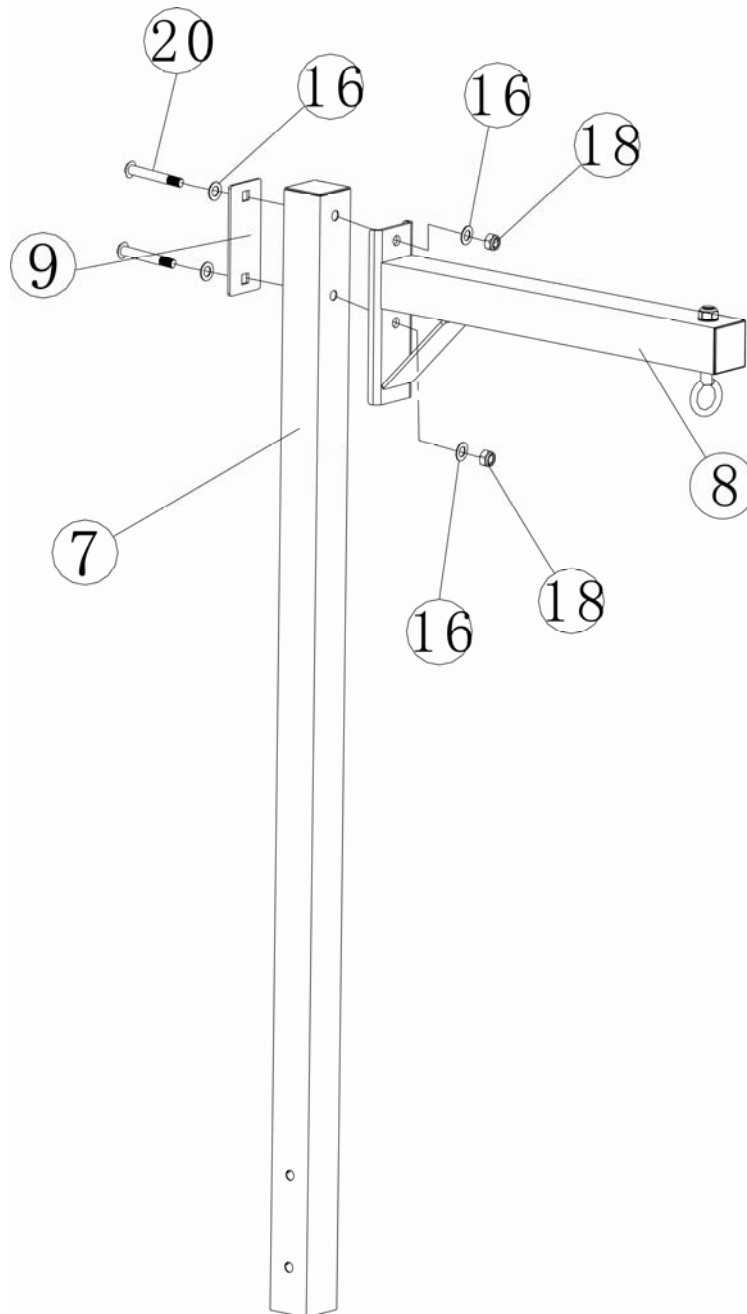


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**STEP 4 (See Diagram 4)**

- A.) Insert the Heavy Bag Hanging Hook (#10) through the hole of the Heavy bag Support Frame (#8).
- B.) Attach the Heavy bag Support Frame (#8) to Upper Support (#7). Secure it with four  $\Phi 10$  Washers (#16), two M10 Aircraft Nuts (#18), M10 $\times$ 70 Carriage Bolts (#20) and one Bracket (#9).

**DIAGRAM 4**



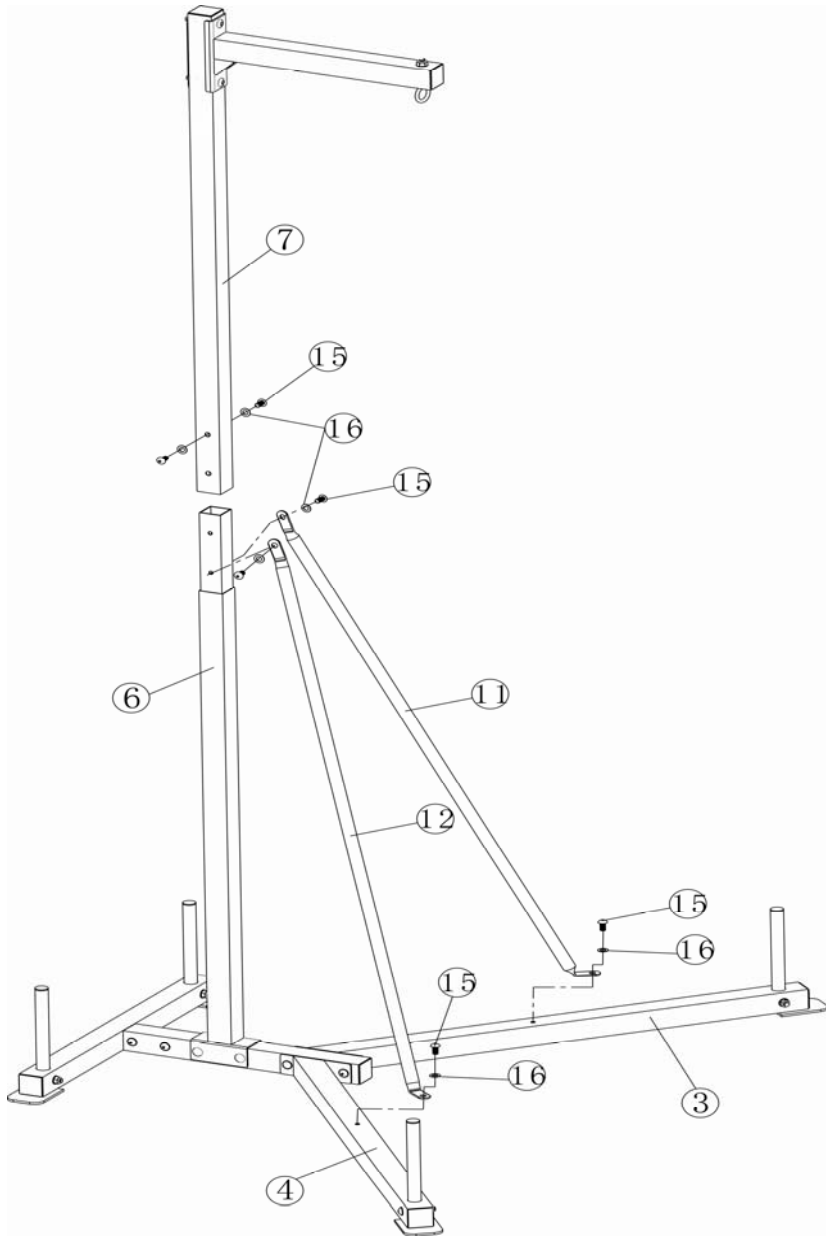
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**STEP 5 (See Diagram 5)**

- A.) Connect the Upper Support (#7) and Lower Support (#6) together, and attach the Left Slanting Support and Right Slanting Support (#11,12) to Upper Support (#7) and Left Base Support and Right Base Support(#3,#4).
- B.) Align the top holes and secure with four M10 Allen Bolts (#15) and four Φ10 Washers (#16). Attach the Left Support (#11) to the base with one M10 Allen Bolt (#15) andΦ10 Washer (#16), repeat for other side

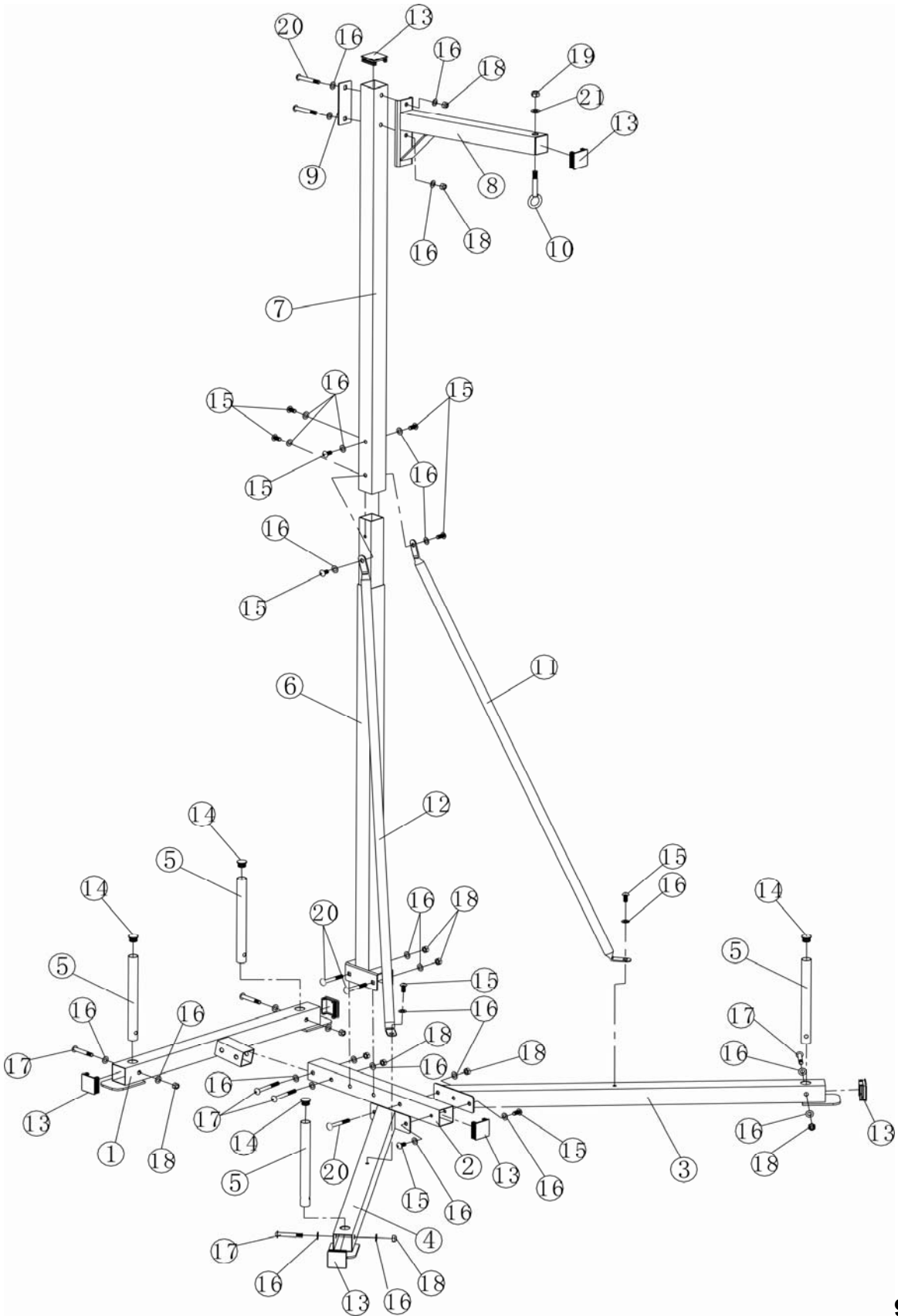
**DIAGRAM 5**





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EXPLODED DIAGRAM



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**PART LIST**

KEY NO.	DESCRIPTION	QTY	KEY	DESCRIPTION	QTY
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				NO.		
1	Rear Base Support	1	12	Right Slanting Support	1	
2	Mid Base Support	1	13	□50×50×1.5 End Cap	7	
3	Left Base Support	1	14	Φ25*1.2 End Cap	4	
4	Right Base Support	1	15	M10×20 Allen Bolt	10	
5	Weight Plate Holder	4	16	Φ10 Washer	27	
6	Lower Support	1	17	M10×65 Allen Bolt	6	
7	Upper Support	1	18	M10 Aircraft Nut	11	
8	Heavy bag Support Frame	1	19	M12 Aircraft Nut	1	
9	Bracket	1	20	M10×70 Carriage Bolt	5	
10	Hanging Hook	1	21	Φ12 Washer	1	
11	Left Slanting Support	1				

# *Gym Tech*

## Spare part ordering

**Spare parts can be ordered by contacting Customer Services on 1800-632-792. Please make sure you have the following information on hand when ordering spare parts.**

- **Operating Instructions**
- **Model Number (located on the cover sheet of these instructions)**
- **Description of attachments**
- **Attachment Number**
- **Proof of purchase with purchase date**

**Please don't send the device to our firm without being requested to do so by our Service team. The costs of unsolicited shipments will be borne by the sender.**